Title Describe techniques for moving equipment and people in a health, disability, or aged care context

Level 2
Credits 3

Purpose
This unit standard is primarily designed for workers in health, disability, or aged care contexts who require an introductory knowledge base for moving people and equipment using techniques that reduce the risk of discomfort, pain, and injury for people being moved and for the mover/s.

People credited with this unit standard are able to describe techniques for: moving equipment; and for supporting people to move, in a health, disability, or aged care context.

Classification
Health, Disability, and Aged Support > Community Support Services

Available grade
Achieved

Explanatory notes

1 Legislation and codes relevant to this unit standard include:
   Health and Disability Commissioner (Code of Health and Disability Services Consumers’ Rights) Regulations 1996;
   Health and Disability Services (Safety) Act 2001;
   Health and Safety in Employment Act 1992;
   Human Rights Act 1993;
   Privacy Act 1993.

2 New Zealand Standards relevant to this unit standard include:
   NZS 8134.0:2008 Health and disability services Standards – Health and disability services (general) Standards;
   NZS 8134.1:2008 Health and disability services Standards – Health and disability services (core) Standards;
   NZS 8134.2:2008 Health and disability services Standards – Health and disability services (restraint minimisation and safe practice) Standards;
   NZS 8134.3:2008 Health and disability services Standards – Health and disability services (infection prevention and control) Standards;
   NZS 8158:2012 Home and community support Sector Standard.
   All New Zealand Standards are available at http://www.standards.co.nz/.

3 References and resources
4 Definitions

Assist(ing) people to move using normal movement patterns in the context of this unit standard means guiding people so they are enabled to move using their normal movement patterns in accordance with their current capacity and any limitations they may be experiencing. The primary emphasis is upon step by step coaching and guidance (rather than physical support) from the support worker.

DPI refers to discomfort, pain, and injury. The Discomfort, Pain and Injury Programme (DPI Programme) and the DPI Framework are explained in Section 2 of the Guidelines.

Organisation’s policies and procedures are the policies and procedures of the employing organisation of the candidate and include ethical codes, standards, and other organisational requirements.

Person and people refers to a person or people accessing services in a health, disability, or aged care context in either a residential care facility or in a private home – the person’s own or a friend’s, group’s, or family member’s.

The seven groups of factors that combine to contribute to discomfort, pain, and injury are outlined in the DPI Framework.

Outcomes and evidence requirements

Outcome 1

Describe techniques for moving equipment in a health, disability, or aged care context.

Range forms of equipment may include but are not limited to – bedding, furniture, household appliances, household waste, laundry, moving aids, outdoor equipment, personal mobility aids.
Evidence requirements

1.1 Techniques for moving equipment are described in accordance with the references and the organisation’s policies and procedures.

Range evidence is required for one technique for each of four different forms of equipment.

1.2 The described techniques reduce the risk of discomfort, pain, and injury in accordance with the DPI Framework.

Range evidence is required in relation to the seven groups of factors that combine to contribute to discomfort, pain, and injury.

Outcome 2

Describe techniques for supporting people to move in a health, disability, or aged care context.

Range techniques may include those that assist people to move using normal movement patterns, and those that involve the use of equipment that is specific to a person’s needs.

Evidence requirements

2.1 Techniques for supporting people to move are described in accordance with the references and the organisation’s policies and procedures.

Range evidence is required for four techniques that provide for comfort, dignity, and reduced risk of DPI for the person and for the mover/s.

**Planned review date**

31 December 2015

**Status information and last date for assessment for superseded versions**

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**Consent and Moderation Requirements (CMR) reference**

0024

**Please note**
Providers must be granted consent to assess against standards (accredited) by NZQA, before they can report credits from assessment against unit standards or deliver courses of study leading to that assessment.

Industry Training Organisations must be granted consent to assess against standards by NZQA before they can register credits from assessment against unit standards.

Providers and Industry Training Organisations, which have been granted consent and which are assessing against unit standards must engage with the moderation system that applies to those standards.

Requirements for consent to assess and an outline of the moderation system that applies to this standard are outlined in the Consent and Moderation Requirements (CMR). The CMR also includes useful information about special requirements for organisations wishing to develop education and training programmes, such as minimum qualifications for tutors and assessors, and special resource requirements.

**Comments on this unit standard**

Please contact the Community Support Services ITO Limited info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.