

Title	Identify and explain own culture, life experience and lived experience, personal attributes and values in peer work		
Level	4	Credits	4

Purpose	<p>This unit standard is designed for people working in peer work roles.</p> <p>People credited with this unit standard are able to identify and explain: essential features of own culture, life experience and lived experience; and own personal attributes and values in relation to peer work.</p>
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Classification	Community and Social Services > Social Services > Peer Support Work
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Available grade	Achieved
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Guidance Information

- 1 Legislation relevant to this unit standard may include but is not limited to:
 - Human Rights Act 1993
 - Mental Health Act
 - Misuse of Drugs Act 1975
 - Privacy Act 1993
 - Substance Addiction Compulsory Assessment and Treatment Act 2017

- 2 References and resources
 - *Competencies for the mental health and addiction service user, consumer and peer workforce* (2014). Te Pou o Te Whakaaro Nui, available at <https://www.tepou.co.nz/uploads/files/resource-assets/peer-support-competencies-2014.pdf>.
 - *Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996*, (The Code of Rights) available from the office of the Health and Disability Commissioner. Te Toihau Hauora Hauātanga, available at <https://www.hdc.org.nz/your-rights/about-the-code/code-of-health-and-disability-services-consumers-rights/>.
 - *Health Information Privacy Code 1994*, (HIPC) available at <https://www.privacy.org.nz/assets/Files/Codes-of-Practice-materials/HIPC-1994-2008-revised-edition.pdf>.
 - Manatū Taonga Ministry for Culture and Heritage (updated 22 June 2018). *Treaty of Waitangi*. Retrieved from <https://nzhistory.govt.nz/keyword/treaty-of-waitangi>.

- Matua Raki. 2010. *Consumer and Peer Roles in the Addiction Sector*. <https://www.matuaraki.org.nz/resources/consumer-and-peer-roles-in-the-addiction-sector/380>.
- Luke, S. (2007) *Needle Exchange Networks: The emergence of 'peer-professionals'*. Unpublished Doctoral Thesis. University of Canterbury, Christchurch. <https://ir.canterbury.ac.nz/handle/10092/1038>.
- Matua Raki. 2012. Supporting New Zealand's Therapeutic Community Workforce: An investigation of current needs. <https://www.matuaraki.org.nz/uploads/files/resource-assets/therapeutic-communities-scoping-report.pdf>.
- Ministry of Health. (2008). *Let's get real: Real Skills for people working in mental health and addiction*. Wellington: Author; available at <http://www.health.govt.nz>.
- Ministry of Health. *Māori health models – Te Whare Tapa Whā*, available at <https://www.health.govt.nz/our-work/populations/maori-health/maori-health-models/maori-health-models-te-whare-tapa-wha>.
- Ministry of Health. *Treaty of Waitangi principles*, available at <https://www.health.govt.nz/our-work/populations/maori-health/he-korowai-oranga/strengthening-he-korowai-oranga/treaty-waitangi-principles>.
- *The Social, Cultural and Economic Determinants of Health in New Zealand: Action to Improve Health 1998* (The Social Determinants of Health) available at <https://www.health.govt.nz/system/files/documents/publications/det-health.pdf>.
- United Nations Convention on the Rights of Persons with Disabilities (CRPD) (article 12), available at <https://www.un.org/development/desa/disabilities/convention-on-the-rights-of-persons-with-disabilities.html>.
- World Health Organization – *Social Determinants of Health* – available at https://www.who.int/social_determinants/sdh_definition/en/.

3 Support provided must be culturally appropriate.

4 Definitions

- *Culture* refers more than ethnicity. The concept of culture may reflect factors and indicators such as: age, ethnicity, disability, occupation, organisational background, immigrant or refugee status, institutional care, religion or spiritual beliefs, gender identity, sexual orientation, and socio-economic status.
- *Ethnic cultural beliefs and values* are the beliefs and values that stem from one's own ethnic background.
- *Gender identity* is about a person's sense of gender as self-identified. It may not be the same as the sex assigned at birth.

Outcomes and performance criteria

Outcome 1

Identify and explain essential features of own culture, life experience and lived experience.

Performance criteria

1.1 Essential features of own culture are identified and explained.

Range: essential features may include but are not limited to – age; class; gender identity; family and whānau, pepeha/whakapapa, ethnic cultural beliefs and values; historical origins; migration and settlement patterns; migration to and within Aotearoa New Zealand; economic, political, and socio-cultural structures, including ideological, and spirituality; evidence is required of a minimum of five essential features, which must include ethnic cultural beliefs and values, and family and whānau.

1.2 Essential features of own life experience and lived experience are identified and explained.

Range: essential features may include but are not limited to – family or whānau origins, history, and structure; mental distress and/or addiction; trauma; disability; community and recreational involvement; influence of economic, political, and socio-cultural structures, including ideological, and spirituality; education and training; paid and unpaid work experience; evidence is required of a minimum of five essential features which must include own lived experience required for own peer work role.

1.3 The purpose of sharing own culture and life experience is evaluated in terms of the potential impact on peer engagement.

Range: evidence is required of three potential impacts which must include bias, and may include but not limited to - beliefs, relationships, values, worldview.

Outcome 2

Identify and explain own personal attributes and values in relation to peer work.

Performance criteria

2.1 Essential features of own personal attributes are identified and explained.

Range: personal attributes of peer workers may include but are not limited to – communication, skills, honesty, integrity, technical competency, work ethic, flexibility, determination and persistence, ability to work collegially, ability to relate to difference; acknowledgement and respect for difference; acceptance; awareness of own culture; genuineness; honesty; humility; patience; self-awareness; empathy; warmth; must include minimum of five personal attributes.

2.2 Own personal attributes are compared with personal attributes required of peer workers.

Range: evidence is required of four of the peer worker's personal attributes and comparison with the personal attributes required of peer workers selected for performance criterion 2.1.

Planned review date	31 December 2024
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	dd Month 2019	N/A

Consent and Moderation Requirements (CMR) reference	24
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.