

<b>Title</b>	<b>Support a person accessing support from a peer worker to identify, develop, and review progress to meet aspirations</b>		
<b>Level</b>	<b>4</b>	<b>Credits</b>	<b>15</b>

<b>Purpose</b>	<p>This unit standard is designed for people working in peer work roles.</p> <p>People credited with this unit standard are able to: work with a person accessing peer support from a peer worker in a culturally appropriate manner to support them to self-identify their aspirations, rights, strengths, challenges and opportunities; support the person to prioritise their aspirations; work alongside them and their chosen supports to strategise implement and review ways of moving toward what the person wants to achieve.</p>
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<b>Classification</b>	Community and Social Services > Social Services > Peer Support Work
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<b>Available grade</b>	Achieved
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## Guidance Information

- 1 Legislation relevant to this unit standard may include but is not limited to:
  - Human Rights Act 1993
  - Mental Health (Compulsory Assessment and Treatment) Act 1992
  - Privacy Act 1993
  - Substance Addiction Compulsory Assessment and Treatment Act, 2017
  
- 2 References and resources
  - *Competencies for the mental health and addiction service user, consumer and peer workforce* (2014). Te Pou o Te Whakaaro Nui, available at <https://www.tepou.co.nz/uploads/files/resource-assets/peer-support-competencies-2014.pdf>.
  - *Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996*, (The Code of Rights) available from the office of the Health and Disability Commissioner. Te Toihau Hauora Hauātanga, available at <https://www.hdc.org.nz/your-rights/about-the-code/code-of-health-and-disability-services-consumers-rights/>.
  - *Health Information Privacy Code 1994*, (HIPC) available at <https://www.privacy.org.nz/assets/Files/Codes-of-Practice-materials/HIPC-1994-2008-revised-edition.pdf>.

- Manatū Taonga Ministry for Culture and Heritage (updated 22 June 2018). *Treaty of Waitangi*. Retrieved from <https://nzhistory.govt.nz/keyword/treaty-of-waitangi>.
- Ministry of Health. (2008). *Let's get real: Real Skills for people working in mental health and addiction*. Wellington: Author; available at <http://www.health.govt.nz>.
- Ministry of Health. *Māori health models – Te Whare Tapa Whā*, available at <https://www.health.govt.nz/our-work/populations/maori-health/maori-health-models/maori-health-models-te-whare-tapa-wha>.
- Ministry of Health. *Treaty of Waitangi principles*, available at <https://www.health.govt.nz/our-work/populations/maori-health/he-korowai-oranga/strengthening-he-korowai-oranga/treaty-waitangi-principles>.
- Scott, A.L., 2011. 'Authenticity Work: Mutuality and Boundaries in Peer Support.' *Society & Mental Health*. Vol 1, Issue 3, available at <https://journals.sagepub.com/doi/abs/10.1177/2156869311431101>.
- Scott, A.L., 2015. 'Gaining Acceptance: Discourses on Training and Qualifications in Peer Support'. *New Zealand Sociology*. Vol. 30, No. 4, available at <https://www.questia.com/library/journal/1P3-3953943551/gaining-acceptance-discourses-on-training-and-qualifications>.
- Scott, A.L., Doughty, C., 2012. 'Confronted with paperwork: Information and documentation in peer support'. *Journal of Mental Health*. Volume 21, Issue 2, available at <https://www.tandfonline.com/doi/abs/10.3109/09638237.2011.638002>.
- Scott, A.L., Doughty, C., Kahi, H., 2011. 'Having those conversations: The politics of risk in peer support practice.' *Health and Sociology Review*. Volume 10, Issue 2. 20(2): 187-201, available at [https://ir.canterbury.ac.nz/bitstream/handle/10092/5909/12631429\\_HSR\\_20\(2\)\\_187-201.pdf;sequence=1](https://ir.canterbury.ac.nz/bitstream/handle/10092/5909/12631429_HSR_20(2)_187-201.pdf;sequence=1).
- Scott, A.L., Doughty, C., Kahi, H., 2011. 'Peer Support Practice in Aotearoa New Zealand.' UC Research Repository, available at <https://ir.canterbury.ac.nz/handle/10092/5258>.
- *The Social, Cultural and Economic Determinants of Health in New Zealand: Action to Improve Health 1998* (The Social Determinants of Health) available at <https://www.health.govt.nz/system/files/documents/publications/det-health.pdf>.
- United Nations Convention on the Rights of Persons with Disabilities (CRPD) (article 12), available at <https://www.un.org/development/desa/disabilities/convention-on-the-rights-of-persons-with-disabilities.html>.
- World Health Organization – *Social Determinants of Health* – available at [https://www.who.int/social\\_determinants/sdh\\_definition/en/](https://www.who.int/social_determinants/sdh_definition/en/).

#### 4 Definitions

- *Chosen supports* are the supports chosen by the person accessing support from a peer worker. In some cases the person may opt to choose no supports at all.
- *Culture* refers to more than ethnicity. The concept of culture may reflect factors and indicators such as: age, ethnicity, disability, occupation, organisational background, immigrant or refugee status, institutional care, religion or spiritual beliefs, gender identity, sexual orientation, and socio-economic status.
- *Gender identity* is about a person's sense of gender as self-identified. It may not be the same as the sex assigned at birth.

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## Outcomes and performance criteria

### Outcome 1

Work with a person accessing support from a peer worker in a culturally appropriate manner to support them to self-identify their aspirations, rights, strengths, challenges and opportunities.

Range: must have self-determination focus and include the characteristics of mutuality, such as working together.

### Performance criteria

- 1.1 Interactive communication skills are used to help the person accessing support to self-identify their aspirations, and describe their challenges, strengths, and resources.
- 1.2 The person accessing support is supported to reframe their circumstances to support their own understanding within their rights and focussing on their aspirations.
- 1.3 The person accessing support is supported to identify and manage circumstances which may impede their aspirations.
- 1.4 The person accessing support is supported to communicate their issues appropriately according to their self-identified needs, background, and culture.
- 1.5 Issues and concerns are identified together and acknowledged within the scope of own role.
- 1.6 The issues and opportunities identified by the person accessing support are clearly summarised in accordance with organisational policies and procedures.

### Outcome 2

Support a person accessing support from a peer worker to identify and prioritise their own aspirations.

### Performance criteria

- 2.1 The person accessing support is supported and encouraged to identify their own short-term and long-term aspirations and priorities for development.
- 2.2 Through discussion, the person accessing support is supported to self-identify the benefits of their aspirations.
- 2.3 Through discussion, the person accessing support is supported to identify barriers to achievement of their aspirations.

2.4 Own role and responsibilities, those of the person accessing support, and the role and responsibilities of the service provider are identified and explained in accordance with organisational policies and procedures.

Range Roles and responsibilities are those in relation to the identified aspirations.

**Outcome 3**

Work alongside a person accessing support from a peer worker (and their chosen supports) to strategise and implement ways of moving toward what the person wants to achieve.

Range The strategy and implementation process clearly identify the activities of self and other people including the person’s chosen supports, and groups and/or organisations who can provide support.

**Performance criteria**

3.1 Culturally appropriate support and resources required to achieve the aspirations and priorities are mutually identified in accordance with the needs of the person accessing support and organisational policies and procedures.

3.2 Proposals and strategies that support achievement of their aspirations are mutually identified and documented in accordance with organisational policies and procedures.

**Outcome 4**

Work alongside a person accessing support from a peer worker to review their strategies and actions aimed at the achievement of their identified aspirations.

**Performance criteria**

4.1 Support for the person accessing support is provided to review the activities, their chosen supports, and the support they received from groups and/or organisations, in relation the mutually agreed needs and aspirations of the person accessing support.

<b>Planned review date</b>	31 December 2024
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**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	dd Month 2019	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	24
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

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**Comments on this unit standard**

Please contact Careerforce [info@careerforce.org.nz](mailto:info@careerforce.org.nz) if you wish to suggest changes to the content of this unit standard.