

Title	Explain mutuality and authenticity, self-determination, and equity, and their application in peer work		
Level	4	Credits	8

Purpose	<p>This unit standard is designed for people working in peer work roles.</p> <p>People credited with this unit standard are able to: explain the characteristics of mutuality and authenticity, and their application in terms of the peer worker's relationship with a person accessing support from a peer worker; explain the importance of self-determination in a peer relationship and own role in supporting the person accessing support in their self-determination; and explain the concept of equity in the peer relationship and own role in applying equity within the peer relationship.</p>
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Classification	Community and Social Services > Social Services > Peer Support Work
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Available grade	Achieved
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Guidance Information

- 1 Legislation relevant to this unit standard may include but is not limited to:
 - Human Rights Act 1993
 - Mental Health Act
 - Privacy Act 1993
 - Substance Addiction Compulsory Assessment and Treatment Act

- 2 References and resources
 - *Competencies for the mental health and addiction service user, consumer and peer workforce* (2014). Te Pou o Te Whakaaro Nui, available at <https://www.tepou.co.nz/uploads/files/resource-assets/peer-support-competencies-2014.pdf>.
 - *Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996*, (The Code of Rights) available from the office of the Health and Disability Commissioner. Te Toihau Hauora Hauātanga, available at <https://www.hdc.org.nz/your-rights/about-the-code/code-of-health-and-disability-services-consumers-rights/>.
 - *Health Information Privacy Code 1994*, (HIPC) available at <https://www.privacy.org.nz/assets/Files/Codes-of-Practice-materials/HIPC-1994-2008-revised-edition.pdf>.

- Manatū Taonga Ministry for Culture and Heritage (updated 22 June 2018). *Treaty of Waitangi*. Retrieved from <https://nzhistory.govt.nz/keyword/treaty-of-waitangi>.
- Ministry of Health. (2008). *Let's get real: Real Skills for people working in mental health and addiction*. Wellington: Author; available at <http://www.health.govt.nz>.
- Ministry of Health. *Māori health models – Te Whare Tapa Whā*, available at <https://www.health.govt.nz/our-work/populations/maori-health/maori-health-models/maori-health-models-te-whare-tapa-wha>.
- Ministry of Health. *Treaty of Waitangi principles*, available at <https://www.health.govt.nz/our-work/populations/maori-health/he-korowai-oranga/strengthening-he-korowai-oranga/treaty-waitangi-principles>.
- Scott, A.L., 2011. 'Authenticity Work: Mutuality and Boundaries in Peer Support.' *Society & Mental Health*. Vol 1, Issue 3, available at <https://journals.sagepub.com/doi/abs/10.1177/2156869311431101>.
- Scott, A.L., 2015. 'Gaining Acceptance: Discourses on Training and Qualifications in Peer Support'. *New Zealand Sociology*. Vol. 30, No. 4, available at <https://www.questia.com/library/journal/1P3-3953943551/gaining-acceptance-discourses-on-training-and-qualifications>.
- Scott, A.L., Doughty, C., 2012. 'Confronted with paperwork: Information and documentation in peer support'. *Journal of Mental Health*. Volume 21, Issue 2, available at <https://www.tandfonline.com/doi/abs/10.3109/09638237.2011.638002>.
- Scott, A.L., Doughty, C., Kahi, H., 2011. 'Having those conversations: The politics of risk in peer support practice.' *Health and Sociology Review*. Volume 10, Issue 2. 20(2): 187-201, available at [https://ir.canterbury.ac.nz/bitstream/handle/10092/5909/12631429_HSR_20\(2\)_187-201.pdf;sequence=1](https://ir.canterbury.ac.nz/bitstream/handle/10092/5909/12631429_HSR_20(2)_187-201.pdf;sequence=1).
- Scott, A.L., Doughty, C., Kahi, H., 2011. 'Peer Support Practice in Aotearoa New Zealand.' UC Research Repository, available at <https://ir.canterbury.ac.nz/handle/10092/5258>.
- *The Social, Cultural and Economic Determinants of Health in New Zealand: Action to Improve Health 1998* (The Social Determinants of Health) available at <https://www.health.govt.nz/system/files/documents/publications/det-health.pdf>.
- United Nations Convention on the Rights of Persons with Disabilities (CRPD) (article 12), available at <https://www.un.org/development/desa/disabilities/convention-on-the-rights-of-persons-with-disabilities.html>.
- World Health Organization – *Social Determinants of Health* – available at https://www.who.int/social_determinants/sdh_definition/en/.

3 *Is demonstrated*, as used in performance criterion 2.1, may include observation and/or recording.

Outcomes and performance criteria

Outcome 1

Explain the characteristics of mutuality and authenticity, and their application in terms of the peer worker's relationship with a person accessing support.

Performance criteria

1.1 Common characteristics of mutuality and authenticity, in the context of peer work, are explained in accordance with a recognised reference.

1.2 The application of mutuality and authenticity in the relationship is explained in accordance with organisational policies and procedures.

Range within the parameters of the service, the role, and the relationship.

Outcome 2

Explain the importance of self-determination in a peer relationship and own role in supporting the person accessing peer support in their self-determination.

Performance criteria

2.1 Self-determination is explained in the context of the peer support role.

2.2 An example of how supporting a person's self-determination has been applied in own practice is explained.

Range two persons accessing support; one must be from a time when own values were challenged.

Outcome 3

Explain the concept of equity in the peer relationship and own role in applying equity within the peer relationship.

Performance criteria

3.1 Equity is explained in the context of the peer support role and the role of the person accessing support.

Range must include but not limited to a minimum of 3 Rights from The Code of Rights.

3.2 An example of how equity has been applied in own practice is explained.

Range two persons accessing support.

3.3 The difference between how the concepts of equity and equality would apply in a peer relationship is explained.

Planned review date	31 December 2024
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	dd Month 2019	N/A

Consent and Moderation Requirements (CMR) reference	24
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.