

<b>Title</b>	<b>Describe the evolution of peer work and the peer work role, and analyse peer work practices in Aotearoa New Zealand</b>		
<b>Level</b>	<b>4</b>	<b>Credits</b>	<b>8</b>

<b>Purpose</b>	<p>This unit standard is designed for people working in peer work roles.</p> <p>People credited with this unit standard are able to: describe the evolution of peer work; describe the role of a peer worker and the contexts in which the role is utilised in Aotearoa New Zealand today; identify and explain the peer values that underpin own role and roles of other peer workers in own organisation; and analyse and compare peer work approaches in Aotearoa New Zealand that are consistent with peer values.</p>
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<b>Classification</b>	Community and Social Services > Social Services > Peer Support Work
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<b>Available grade</b>	Achieved
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## Guidance Information

- 1 Legislation relevant to this unit standard may include but is not limited to:
  - Human Rights Act 1993;
  - Privacy Act 1993;
- 2 References and resources
  - *Competencies for the mental health and addiction service user, consumer and peer workforce* (2014). Te Pou o Te Whakaaro Nui, available at <https://www.tepou.co.nz/uploads/files/resource-assets/peer-support-competencies-2014.pdf>.
  - *Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996*, (The Code of Rights) available from the office of the Health and Disability Commissioner. Te Toihau Hauora Hauātanga, available at <https://www.hdc.org.nz/your-rights/about-the-code/code-of-health-and-disability-services-consumers-rights/>.
  - *Health Information Privacy Code 1994*, (HIPC) available at <https://www.privacy.org.nz/assets/Files/Codes-of-Practice-materials/HIPC-1994-2008-revised-edition.pdf>.
  - Manatū Taonga Ministry for Culture and Heritage (updated 22 June 2018). *Treaty of Waitangi*. Retrieved from <https://nzhistory.govt.nz/keyword/treaty-of-waitangi>.
  - Matua Raki. 2010. *Consumer and Peer Roles in the Addiction Sector*. <https://www.matuaraki.org.nz/resources/consumer-and-peer-roles-in-the-addiction-sector/380>

- Luke, S. (2007) *Needle Exchange Networks: The emergence of 'peer-professionals'*. Unpublished Doctoral Thesis. University of Canterbury, Christchurch. <https://ir.canterbury.ac.nz/handle/10092/1038>.
- Matua Raki. 2012. Supporting New Zealand's Therapeutic Community Workforce: An investigation of current needs. <https://www.matuaraki.org.nz/uploads/files/resource-assets/therapeutic-communities-scoping-report.pdf>.
- Ministry of Health. (2008). *Let's get real: Real Skills for people working in mental health and addiction*. Wellington: Author; available at <http://www.health.govt.nz>.
- Ministry of Health. *Māori health models – Te Whare Tapa Whā*, available at <https://www.health.govt.nz/our-work/populations/maori-health/maori-health-models/maori-health-models-te-whare-tapa-wha>.
- Ministry of Health. *Treaty of Waitangi principles*, available at <https://www.health.govt.nz/our-work/populations/maori-health/he-korowai-oranga/strengthening-he-korowai-oranga/treaty-waitangi-principles>.
- *The Social, Cultural and Economic Determinants of Health in New Zealand: Action to Improve Health 1998* (The Social Determinants of Health) available at <https://www.health.govt.nz/system/files/documents/publications/det-health.pdf>.
- United Nations Convention on the Rights of Persons with Disabilities (CRPD) (article 12), available at <https://www.un.org/development/desa/disabilities/convention-on-the-rights-of-persons-with-disabilities.html>.
- World Health Organization – *Social Determinants of Health* – available at [https://www.who.int/social\\_determinants/sdh\\_definition/en/](https://www.who.int/social_determinants/sdh_definition/en/).

### 3 Definition

- In the context of this unit standard a role that is *Mana Enhancing* includes but is not limited to any of the following: resulting in a person acknowledging, understanding and respecting who they are, where they came from and their connection to others; resulting in an increase in respect for a person by others, resulting in an increase in a person's self-respect, resulting in an improvement in a person's self-image.

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## Outcomes and performance criteria

### Outcome 1

Describe the evolution of peer work.

### Performance criteria

- 1.1 Peer work is described in terms of its evolution from initial philosophy to the philosophy of own organisation. .
- 1.2 The description identifies specific influences on the roles and functions of own organisation.

- 1.3 Roles of different types of peer workers are described in terms of their similarities and differences.

Range: must include two forms of peer work.

## Outcome 2

Describe the role of a peer worker and the contexts in which the role is utilised in Aotearoa New Zealand today.

### Performance criteria

- 2.1 The role of the peer worker is compared with the different roles and responsibilities of other workers within the sector.
- 2.2 The role of the peer worker is described in terms of a mana enhancing approach.
- 2.3 The peer relationship is described in terms of the differences between a peer relationship and a conventional (non-peer) support relationship.
- Range description must include but not limited to: negotiated goals, self-disclosure, lived experience, mutuality in the relationship, authenticity.
- 2.4 The peer relationship is described in terms of negotiating limits.

## Outcome 3

Identify and explain the peer values that underpin own role and roles of other peer workers in own organisation.

### Performance criteria

- 3.1 Peer values within the peer support role that underpin relationships with people accessing support from a peer worker are identified and explained in terms of own organisation's structure, policies and procedures.
- Range must include three values and how they are applied within own organisation's structure.

## Outcome 4

Analyse and compare peer work approaches in Aoteroa New Zealand that are consistent with peer values.

### Performance criteria

4.1 Approaches that are consistent with peer values and principles of peer work are compared in terms of their key features.

Range may include but not limited to – 12 steps, cancer support, heart support, Alcoholics Anonymous, Wellness Recovery Action Plan (WRAP), Intentional Peer Support, Hearing Voices Networks, Grow, Recovery Innovations, and PeerZone; must include three, at least one of which must be mental health focussed, and at least one addiction focussed.

<b>Planned review date</b>	31 December 2024
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### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	dd Month 2019	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	24
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

### Comments on this unit standard

Please contact Careerforce [info@careerforce.org.nz](mailto:info@careerforce.org.nz) if you wish to suggest changes to the content of this unit standard.