

<b>Title</b>	<b>Develop, implement, evaluate, and adapt personal diversional and recreational therapy care plans</b>		
<b>Level</b>	<b>4</b>	<b>Credits</b>	<b>5</b>

<b>Purpose</b>	People credited with this unit standard are able to: assess the diversional and recreational therapy needs of a person; develop personal diversional and recreational therapy care plans; implement personal diversional and recreational therapy care plans; and evaluate and adapt personal and recreational diversional therapy care plans.
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<b>Classification</b>	Community Support > Diversional Therapy
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<b>Available grade</b>	Achieved
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<b>Entry information</b>	
<b>Critical health and safety prerequisites</b>	Prerequisite: Unit 23918, <i>Describe the philosophy, purpose, and benefits of diversional therapy, and the role and skills of diversional therapists</i> , or demonstrate equivalent skills and knowledge.

### Guidance Information

- 1 In this sector, support given to a person should be provided in a manner that maximises the independence of that person. Support must be appropriate to the needs of the person and utilise existing strengths and, wherever possible, optimise the use of the local community. Performance of the elements of this unit standard must fit within these broad parameters.
- 2 This unit standard cannot be assessed against in a simulated environment. It is required that people seeking credit for this unit standard demonstrate competence and be assessed in the workplace: through paid or unpaid employment, or in placements in a service provider workplace negotiated by an education provider.
- 3 Assessment must be within the boundaries of the diversional and recreational therapist's role.
- 4 An ability to integrate theory with practice in the workplace must be demonstrated.

## 5 Definitions:

*Organisation's policies and procedures* are the policies and procedures of the employing organisation of the employee and include ethical codes, standards, and requirements of this organisation and any other organisation(s) involved.

*Person/consumer* in the context of this unit standard means someone accessing health care services in different type of settings such as - but not limited to - disability, mental health, DHB, aged care facility or in a private home – belonging to themselves, a friend, group, or family member.

*Personal diversional and recreational therapy care plan* is a document that provides a plan of action to implement therapeutic activities to meet an individual diversional, recreational, and/or motivational needs. This document must identify the person's goals, the diversional and recreational therapist's therapeutic activities goals recommendations and the evaluation of these goals. The individual diversional and recreational therapy care plan is revised in accordance with workplace policies and procedures.

*Service delivery plan* in the context of this unit standard is a generic term used to cover the individual plans that are developed by service providers with consumers and their families/whānau for service delivery.

*Special occasion* refers to a celebration of a special event.

6 Evidence is required for two personal diversional and recreational therapy care plans used for a special occasion or an everyday activity. The two personal diversional and recreational therapy care plans may be developed for two different people, or for the same person.

7 The current version of the following legislation, codes and documents must be complied with, including - but not limited to -

- Treaty of Waitangi;
- *New Zealand Society of Diversional and Recreational Therapists' Standards of Practice and Code of Ethics*. Available from <https://diversionaltherapy.net.nz/>;
- Mental Health (Compulsory Assessment and Treatment) Act 1992;
- New Zealand Public Health and Disability Act 2000;
- New Zealand Health Strategy 2016;
- New Zealand Disability Strategy 2001;
- Health and Safety at Work Act 2015;
- Privacy Act 1993;
- Accident Compensation Act 2001;
- Universal Declaration of Human Rights (Art. 24), based on the declaration proclaimed by the United national General Assembly in Paris on 10 December 1948;
- United Nations Principles for Older Persons 1991, based on declaration of rights by the International Federation on Ageing (IFA);
- Health and Disability Commissioner (The Code of Health and Disability Services Consumers' Rights) Regulation 1996;
- New Zealand Positive Ageing Strategy 2001;

- He Korowai Oranga: Māori Health Strategy 2013/14;
- Palliative Care Strategy 2001;
- Crimes Act 1961, ss 2, 150A, 151, 195, 195A (changes to the Crimes Act introduced in 2012 mean that certain people are legally responsible for protecting a vulnerable adult from injury);
- Age Concern New Zealand Annual Report 2016-17;
- Dementia Declaration 2019.

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## Outcomes and performance criteria

### Outcome 1

Assess the diversional and recreational therapy needs of a person and develop a care plan in accordance with organisational policies and procedures.

#### Performance criteria

Range aspects of the plans may include - but are not limited to – resources, contingencies, purpose, safety, accessibility, facilities, staffing, costings, appeal and/or attraction, benefits, capacity, risk management plan, environment.

- 1.1 Assessment of diversional and recreational therapy needs of a person is carried out in consultation with the person and in accordance with the person's preferences, strengths and abilities.
- 1.2 Goals are identified and documented in accordance with the person's preferences, strengths and abilities with consideration of health and safety and risk management.
- 1.3 Personal diversional and recreational therapy care plans are developed in accordance with the person's service delivery plan and the person's preferences, strengths and abilities.
- 1.4 Personal diversional and recreational therapy care plans include a risk management plan that identifies health and safety issues relative to the person and others involved in the activity.

### Outcome 2

Implement personal diversional and recreational therapy care plans.

#### Performance criteria

- 2.1 Diversional and recreational therapy activities or programmes are implemented in accordance with the person's preferences, strengths and abilities, personal diversional therapy care plans and the organisation's policies and procedures.

**Outcome 3**

Evaluate and adapt, as required, personal diversional and recreational therapy care plans.

**Performance criteria**

3.1 Personal diversional and recreational therapy care plans are evaluated in terms of their fitness for purpose, individualisation, and applicability to the activities undertaken.

Range aspects of the plans may include but are not limited to – resources, contingencies, purpose, safety, accessibility, facilities, staffing, costings, appeal and/or attraction, benefits, capacity, risk management plan, environment.

3.2 Personal diversional and recreational therapy care plans are adapted, where required, in terms of the results of the evaluation.

<b>Planned review date</b>	31 December 2024
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**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	29 August 1996	N/A
Review	2	19 October 1999	N/A
Revision	3	25 September 2001	N/A
Review	4	17 April 2009	31 December 2021
Review	5	MM 2019	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0024
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This CMR can be accessed at <https://www.nzqa.govt.nz/framework/search/index.do>.

**Comments on this unit standard**

Please contact Careerforce [info@careerforce.org.nz](mailto:info@careerforce.org.nz) if you wish to suggest changes to the content of this unit standard.