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| Title | Develop, implement, evaluate, and adapt a diversional and recreational therapy care plan for a person experiencing grief and loss | | |
| Level | 4 | Credits | 3 |

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| Purpose | People credited with this unit standard are able to: demonstrate knowledge of the implications of grief and loss for a person in a diversional and recreational therapy setting; and develop, implement, evaluate, and adapt a diversional and recreational therapy care plan for a person experiencing grief and loss. |
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| Classification | Community Support > Diversional Therapy |
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| Available grade | Achieved |
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| Entry information | |
| Critical health and safety prerequisites | Prerequisite: Unit 23918, <i>Describe the philosophy, purpose, and benefits of diversional therapy, and the role and skills of diversional therapists</i> ; and Unit 23391, <i>Respond to loss and grief in a health, disability, or community setting</i> , or demonstrate equivalent skills and knowledge. |

Explanatory notes

- 1 In this sector, support given to a person should be provided in a manner that maximises the independence of that person. Support must be appropriate to the needs of the person and utilise existing strengths and, wherever possible, optimise the use of the local community. Performance of the elements of this unit standard must fit within these broad parameters.
- 2 This unit standard cannot be assessed against in a simulated environment. It is required that people seeking credit for this unit standard demonstrate competence and be assessed in the workplace: through paid or unpaid employment, or in placements in a service provider workplace negotiated by an education provider.
- 3 An ability to integrate theory with practice in the workplace must be demonstrated.
- 4 Definitions:

Diversional and recreational therapy grief and loss care plan identifies a person's therapeutic needs relative to the nature of the grief and loss being experienced, makes available diversional therapy support activities, and allocates appropriate time

and space to carry out these activities. This care plan must also align with the person's service delivery plan.

Organisation's policies and procedures are the policies and procedures of the employing organisation of the employee and include ethical codes, standards, and requirements of this organisation and any other organisation(s) involved.

Person/consumer in the context of this unit standard means someone accessing health care services in different type of settings such as but not limited to; disability, mental health, DHB, aged care facility or in a private home – their own or belonging to a friend, group, or family member.

Personal diversional and recreational therapy care plan is a document that provides a plan of action to implement therapeutic activities to meet an individual diversional, recreational, and/or motivational needs. This document must identify the person's goals, the diversional and recreational therapist's therapeutic activities, goals and recommendations and the evaluation of these goals. The individual diversional and recreational therapy care plan is revised in accordance with workplace policies and procedures.

Person's file refers to a file of records pertaining to a person, compiled by the team providing care to that person.

Service delivery plan in the context of this unit standard is a generic term used to cover the individual plans that are developed by service providers with consumers and their families/whānau for service delivery.

- 5 Assessment must be within the boundaries of the diversional and recreational therapist's role.
- 6 Understanding of the grief and loss process within a diversional and recreational therapy setting must relate to a person's capability, monetary status, relationship(s), environment, transport options, and degree of freedom.
- 7 The current version of the following legislation, codes, and documents must be complied with, including - but not limited to -
 - Treaty of Waitangi;
 - *New Zealand Society of Diversional and Recreational Therapists' Standards of Practice and Code of Ethics*. Available from <https://diversionaltherapy.net.nz/>;
 - Mental Health (Compulsory Assessment and Treatment) Act 1992;
 - New Zealand Public Health and Disability Act 2000;
 - New Zealand Health Strategy 2016;
 - New Zealand Disability Strategy 2001;
 - Health and Disability Services (Safety) Act 2001;
 - Health and Safety at Work Act 2015;
 - Privacy Act 1993;
 - Accident Compensation Act 2001;
 - Universal Declaration of Human Rights (Art. 24), based on the declaration proclaimed by the United national General Assembly in Paris on 10 December 1948;

- United Nations Principles for Older Persons 1991, based on declaration of rights by the International Federation on Ageing (IFA);
- Health and Disability Commissioner (The Code of Health and Disability Services Consumers' Rights) Regulation 1996;
- New Zealand Positive Ageing Strategy 2001;
- He Korowai Oranga: Māori Health Strategy 2013/14;
- Palliative Care Strategy 2001;
- Crimes Act 1961, ss 2, 150A, 151, 195, 195A (changes to the Crimes Act introduced in 2012 mean that certain people are legally responsible for protecting a vulnerable adult from injury);
- Age Concern New Zealand Annual Report 2016-17;
- Dementia Declaration 2019.

Outcomes and performance criteria

Outcome 1

Demonstrate knowledge of the implications of grief and loss for a person in a diversional and recreational therapy setting.

Performance criteria

- 1.1 Behaviour exhibited by a person experiencing grief and loss is assessed in terms of its implications for a diversional and recreational therapy activity.
- 1.2 Behaviour exhibited by a person experiencing grief and loss is assessed and documented in the diversional therapy grief and loss care plan and/or the person's file.

Outcome 2

Develop and implement a diversional and recreational therapy grief and loss care plan to support a person experiencing grief and loss.

Range support may include - but is not limited to – acknowledging the person's grief and loss, sharing a life story, talking, identifying diversional and recreational therapy activities that support the grieving process, environment, time and space for carrying out diversional and recreational therapy activities.

Performance criteria

- 2.1 The diversional and recreational therapy grief and loss care plan includes strategies to support the person experiencing grief and loss in accordance with the person's unique needs and organisational policies and procedures.
- 2.2 The diversional and recreational therapy grief and loss care plan reflects the capability of the person to take part in the recommended activity.

- 2.3 Implementation of the diversional therapy grief and loss care plan utilises the identified strategies and meets the needs of the person.

Outcome 3

Evaluate and adapt, as required, a diversional and recreational therapy grief and loss care plan.

Performance criteria

- 3.1 The diversional and recreational therapy grief and loss care plan is evaluated in terms of the effectiveness of the strategies to support the person experiencing grief and loss.
- 3.2 The diversional and recreational therapy grief and loss care plan is evaluated and adapted in terms of the effectiveness of the strategies to support the person experiencing grief and loss.

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| Planned review date | 31 December 2024 |
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Status information and last date for assessment for superseded versions

| Process | Version | Date | Last Date for Assessment |
|--------------|---------|-----------------|--------------------------|
| Registration | 1 | 29 August 1996 | N/A |
| Review | 2 | 19 October 1999 | N/A |
| Review | 3 | 17 April 2009 | N/A |
| Review | 4 | MM 2019 | N/A |

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| Consent and Moderation Requirements (CMR) reference | 0024 |
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This CMR can be accessed at <https://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.