

<b>Title</b>	<b>Support a person accessing mental health and addiction services and their supports to engage with and review local services and resources</b>		
<b>Level</b>	<b>3</b>	<b>Credits</b>	<b>4</b>

<b>Purpose</b>	People credited with this unit standard are able to describe local services and resources relevant to a person accessing mental health and addiction service and their natural supports, and support a person accessing mental health and addiction service and their natural supports to engage with and review local services and resources.
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<b>Classification</b>	Health, Disability, and Aged Support > Mental Health and Addiction Support
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<b>Available grade</b>	Achieved
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### Guidance Information

- 1 Legislation and codes relevant to this unit standard includes but are not limited to:
  - Substance Addiction (Compulsory Assessment and Treatment) Act 2017;
  - Oranga Tamariki Act 1989 (Children, Young Persons, and Their Families Act) 1989;
  - Criminal Procedure Act 2011;
  - Criminal Procedure (Mentally Impaired Persons) Act 2003;
  - Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996;
  - Health Practitioners Competence Assurance Act 2003;
  - Intellectual Disability (Compulsory Care and Rehabilitation) Act 2003;
  - Mental Health (Compulsory Assessment and Treatment) Act 1992;
  - Misuse of Drugs Act 1975;
  - Privacy Act 1993;
  - Protection of Personal and Property Rights Act 1988.
- 2 New Zealand Standards relevant to this unit standard include:
  - NZS 8134.0:2008 Health and disability services Standards – Health and disability services (general) Standard;
  - NZS 8134.1:2008 Health and disability services Standards – Health and disability services (core) Standards;
  - NZS 8134.2:2008 Health and disability services Standards – Health and disability services (restraint minimisation and safe practice) Standards;
  - NZS 8134.3:2008 Health and disability services Standards – Health and disability services (infection prevention and control) Standards;

All standards are available from <http://www.standards.co.nz/>

- 3 For assessment, candidates' practice must reflect appropriate values, processes, and protocols in relation to working with people from the following; dominant ethnic group New Zealand Pākehā/European; Māori; Pacific peoples and/or; people who have re-settled here (recent migrants, refugees).
- 4 *Support* will aim to maintain, improve, or restore a person's independence and/or interdependence; utilise the person's existing strengths; and – where possible – utilise the resources of the local community.
- 5 References:
- American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). Washington DC: American Psychiatric Association. Available at: <https://www.psychiatry.org/psychiatrists/practice/dsm>
  - Mental Health Commission – Te Kaitātaki Oranga; Ministry of Health. (1998). *Guidelines for Clinical Risk Assessment and Management in Mental Health Services*. Wellington: Ministry of Health in partnership with the Health Funding Authority. Available at: [https://www.moh.govt.nz/notebook/nbbooks.nsf/0/2FE380C25ED2F1B34C25668600741EBA/\\$file/mentalra.pdf](https://www.moh.govt.nz/notebook/nbbooks.nsf/0/2FE380C25ED2F1B34C25668600741EBA/$file/mentalra.pdf)
  - Te Pou o te Whakaaro Nui & Ministry of Health. (2018). *Let's get real: Real Skills for people and whānau with mental health and addiction needs*. Auckland: Te Pou o te Whakaaro Nui. Available at: <https://www.tepou.co.nz/initiatives/lets-get-real/107>
  - The Werry Centre. (2014). *Real Skills Plus ICAMH/AOD, 2014. A competency framework for the infant, child and youth mental health and alcohol and other drug workforce*. Auckland: The Werry Centre for Child & Adolescent Mental Health Workforce Development. Available at: <https://www.werryworkforce.org/sites/default/files/pdfs/Real%20Skills%20Plus%20Dec%202014%20170315.pdf>
- 6 Definitions:
- *Addiction* – termed 'substance use disorder' in DSM-5 since 2013, recognises disorders that can result from the usage of ten separate classes of drugs (alcohol, caffeine, cannabis, hallucinogens, inhalants, opioids, sedatives, stimulants, tobacco, and unknown substances). DSM-5 combined the previous DSM-IV separation of substance abuse and substance dependence into a single category – substance use disorder – to create 11 diagnostic criteria.
  - *Local services* and resources include those provided locally by national and local government agencies or organisations (for example Housing New Zealand, a community centre, or a city library); and those provided by individuals or organisations in the community such as sports, hobby, youth, peer support, cultural or religious groups (for example a helpline, or a marae or church-based service or resource).
  - *Natural supports* refer to any assistance, relationships, or interactions provided to a person accessing mental health and addiction services by family, whānau, friends, peers, co-workers, or community volunteers. In a specifically Māori context, natural supports may include but are not limited to: kaumātua, kuia, tōhunga, whānau, iwi, and hapū.
- 7 This unit standard cannot be assessed against in a simulated environment. For assessment, candidates must demonstrate competence in the workplace through

paid or unpaid employment, or in placements in a service provider workplace negotiated by an education provider.

## Outcomes and performance criteria

### Outcome 1

Identify local services and resources relevant to a person and their natural supports accessing mental health and addiction service.

Range evidence is required for ten local services and resources used by two different people and their natural supports accessing mental health and addiction services.

### Performance criteria

- 1.1 Local services and resources are described in terms of their relevance to people, and their natural supports, accessing mental health and addiction services.
- 1.2 Local services and resources are described in terms of their effect on strengthening community links for people, and their natural supports, accessing mental health and addiction services.

### Outcome 2

Support a person, and their natural supports, accessing mental health and addiction services to engage with and review local services and resources.

Range evidence is required for two people, and their natural supports, accessing mental health and addiction services.

### Performance criteria

- 2.1 People and their natural supports, accessing mental health and addiction services are supported to engage with local services and resources.
- 2.2 People and their natural supports, accessing mental health and addiction services are supported to review local services and resources in terms of ongoing serviceability to meet their needs.

<b>Planned review date</b>	31 December 2024
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**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	9 December 2010	31 December 2021
Review	2	MM 2020	N/A

**Consent and Moderation Requirements (CMR) reference**

0024

This CMR can be accessed at <https://www.nzqa.govt.nz/framework/search/index.do>

**Comments on this unit standard**

Please contact Careerforce [info@careerforce.org.nz](mailto:info@careerforce.org.nz) if you wish to suggest changes to the content of this unit standard.