

<b>Title</b>	<b>Describe suicide and suicide supports in New Zealand, and explain and demonstrate responses to suicide ideation</b>		
<b>Level</b>	<b>4</b>	<b>Credits</b>	<b>6 (60 hrs)</b>

<b>Purpose</b>	People credited with this unit standard are able to describe: suicide in a New Zealand context, factors that might contribute to suicide ideation and/or suicide ideation and possible impacts of suicide on others; and national and local support services available to a suicidal person and a person providing support. They can explain response types and how to respond when a person presents signs of suicide ideation and demonstrate, under simulation, responses to apply when a person presents signs of suicide ideation.
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<b>Classification</b>	Social Services > Social Service Work in Suicide Intervention
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<b>Available grade</b>	Achieved
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## Guidance Information

1 Legislation relevant to this unit standard includes but is not limited to:

- Coroners Act 2006
- Human Rights Act 1993
- Official Information Act 1982
- Privacy Act 1993

all available at <http://www.legislation.govt.nz/>.

2 References

- New Zealand Social Indicators, available at [http://archive.stats.govt.nz/browse\\_for\\_stats/snapshots-of-nz/nz-social-indicators/Home/Health/suicide.aspx](http://archive.stats.govt.nz/browse_for_stats/snapshots-of-nz/nz-social-indicators/Home/Health/suicide.aspx)
- *Rise in Māori suicides pushes overall national figure to highest in at least a decade*, available at <https://www.stuff.co.nz/national/health/114149382/rise-in-mori-suicides-pushes-overall-national-figure-to-highest-in-at-least-a-decade>
- *Indigenous suicide: The Turamarama Declaration*, available at <http://manage.journalindigenouwellbeing.com/index.php/joiw/article/view/73/69>
- *Suicide facts: Data Data tables 1996-2016*, available at <https://www.health.govt.nz/publication/suicide-facts-data-tables-19962016>
- *New Zealand suicide reporting has changed, here's what you need to know*, available at <https://www.stuff.co.nz/national/80143183/new-zealand-suicide-reporting-laws-due-to-change-heres-what-you-need-to-know>
- *Straight up answers for when life sucks*, available at <https://thelowdown.co.nz/>.
- *Sometimes life sux*, available at <https://www.auntydee.co.nz/>.
- Coronial office information on suicide in New Zealand, available at <https://coronialservices.justice.govt.nz/suicide/>

- Coronial office statistics on suicide 2011-2019, available at <https://coronialservices.justice.govt.nz/suicide/annual-suicide-statistics-since-2011/>
- Beautrais, Annette. (2003). *Suicide in New Zealand II: a review of risk factors and prevention*. The New Zealand medical journal. 116. U461  
[https://www.researchgate.net/publication/10681184\\_Suicide\\_in\\_New\\_Zealand\\_II\\_a\\_review\\_of\\_risk\\_factors\\_and\\_prevention](https://www.researchgate.net/publication/10681184_Suicide_in_New_Zealand_II_a_review_of_risk_factors_and_prevention)
- *Te Aukatinga o te whakamomoritanga o te taiohi Māori: Suicide prevention in Māori youth*, available at [https://bpac.org.nz/BPJ/2010/June/docs/BPJ\\_28\\_suicideprevention\\_pages36-43.pdf](https://bpac.org.nz/BPJ/2010/June/docs/BPJ_28_suicideprevention_pages36-43.pdf)
- McClintock, K. & Baker, M. (2019). *Ka Ao, Ka Ao Postvention for Māori*. Wellington. Te Rau Matatini., available at <https://terauora.com/wp-content/uploads/2019/05/Ka-Ao-Ka-Ao-Postvention-for-Ma%CC%84oriFINAL.pdf>
- Tiatia-Seath, Jemaima. (2016). *Suicide Postvention: Support for Pacific Communities: Report for Waka Hourua - National Suicide Prevention Programme for Māori and Pasifika Communities*. Available at [https://www.researchgate.net/publication/316430034\\_Suicide\\_Postvention\\_Support\\_for\\_Pacific\\_Communities\\_Report\\_for\\_Waka\\_Hourua\\_-\\_National\\_Suicide\\_Prevention\\_Programme\\_for\\_Maori\\_and\\_Pasifika\\_Communities/citation/download](https://www.researchgate.net/publication/316430034_Suicide_Postvention_Support_for_Pacific_Communities_Report_for_Waka_Hourua_-_National_Suicide_Prevention_Programme_for_Maori_and_Pasifika_Communities/citation/download)
- *Suicide postvention: Support for families, whānau and significant others after a suicide*, available at <https://www.health.govt.nz/system/files/documents/publications/bereavedbysuicide-litreview.pdf>
- Scheerder, Gert & Reynders, Alexandre & Andriessen, Karl & Audenhove, Chantal. (2010). *Suicide Intervention Skills and Related Factors in Community and Health Professionals*. *Suicide & life-threatening behavior*. 40. 115-24. 10.1521/suli.2010.40.2.115. Available at [https://www.researchgate.net/publication/44594850\\_Suicide\\_Intervention\\_Skills\\_and\\_Related\\_Factors\\_in\\_Community\\_and\\_Health\\_Professionals](https://www.researchgate.net/publication/44594850_Suicide_Intervention_Skills_and_Related_Factors_in_Community_and_Health_Professionals)
- Connecting through kōrero: Talking about suicide with taiohi/young people, available at [https://www.mentalhealth.org.nz/get-help/connecting-through-korero/?gclid=EAlaIqObChMI2K7Nk-aL6AIVQpSPCh2gsQATEAAYAiAAEgKOGvD\\_BwE](https://www.mentalhealth.org.nz/get-help/connecting-through-korero/?gclid=EAlaIqObChMI2K7Nk-aL6AIVQpSPCh2gsQATEAAYAiAAEgKOGvD_BwE)

### 3 Definitions

- *Culture* refers to more than ethnicity. The concept of culture may reflect factors and indicators such as: age, ethnicity, disability, occupation, organisational background, immigrant or refugee status, institutional care, religion or spiritual beliefs, gender identity, sexual orientation, and socio-economic status.
- *Demographics*: for the purpose of this standard use of *ethnicity* in a range statement must be at least Māori and non-Māori but may be divided into more groupings; *gender* may be divided into more groupings than only male and female; *age stages* may be flexible as long as the candidate specifies their stage delimiters for a minimum of three age stages.
- *National and local supports* may include but are not limited to: organisations, services, initiatives.

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## Outcomes and performance criteria

### Outcome 1

Describe suicide in a New Zealand context, factors that might contribute to suicide and/or suicide ideation and possible impacts of suicide on others.

#### Performance criteria

- 1.1 Suicide trends in New Zealand are described in terms of demographics in accordance with statistics published by the Coronial Office, or other published statistics.
- Range: trends must be over a period of at least 5 years; demographic factors must include gender, age, ethnicity, and may include but are not limited to: culture, geographic location, social context.
- 1.2 Possible causes and contributory factors of suicide and/or suicide ideation are described in terms of their prevalence at different life stages, in accordance with one or more of the references.
- Range: factors must include but not limited to: social, cultural, economic, mental health.
- 1.3 The possible impacts of suicide on others is described in accordance with published postvention literature.
- Range: 'others' may include but are not limited to family, whānau, social group.

### Outcome 2

Describe national and local supports available to a suicidal person and a person providing support.

Range: three national supports and three local supports.

#### Performance criteria

- 2.1 National supports are described in terms of their function and role.
- Range: minimum of three supports, at least one that provides support for support worker and at least one for suicidal persons; must include contact details.
- 2.2 Local supports are described in terms of their function and role.
- Range: minimum of three supports, at least one that provides support for support worker and at least one for suicidal persons – which must include at least one with Māori focus, such as a Māori health or social service; must include contact details.

**Outcome 3**

Explain response types and how to respond when a person presents signs of suicide ideation.

**Performance criteria**

3.1 Response types are explained in accordance with organisational policies and procedures.

Range: response types must include intervention, involving whānau, referral, postvention.

3.2 The importance of responding confidently is explained in terms of the potential impact on the suicidal person.

3.3 The criteria for when and how to make effective referrals are explained in accordance with own organisational policies and procedures.

**Outcome 4**

Demonstrate, under simulation, responses to apply when a person presents signs of suicide ideation.

Range: responses may include but are not limited to: referral, involving family and/or whānau, own ongoing engagement with the person, suggesting social interaction, encouraging the person into a social network; minimum of 4 rehearsals.

**Performance criteria**

4.1 The response is presented confidently.

4.2 The content of the response matches the simulated presented signs, in accordance with own organisational policies and procedures.

<b>Planned review date</b>	31 December 2025
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**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	Month 2020	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	24
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

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**Comments on this unit standard**

Please contact Careerforce [info@careerforce.org.nz](mailto:info@careerforce.org.nz) if you wish to suggest changes to the content of this unit standard.