

Title	Observe and respond to changes in a person in a health or wellbeing setting		
Level	3	Credits	4

Purpose	<p>This unit standard is for people providing services in a health or wellbeing setting.</p> <p>People credited with this unit standard are able to: observe and describe changes in a person's health or functional status and identify potential effects on the delivery of a personal plan in a health or wellbeing setting, and respond to changes in a person's health or functional status in a health or wellbeing setting.</p>
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Classification	Health, Disability, and Aged Support > Health and Disability Principles in Practice
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Available grade	Achieved
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Explanatory notes

- 1 Legislation and Code relevant to this unit standard include but are not limited to:
 - Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996 (the Code of Rights);
 - Health and Disability Services (Safety) Act 2001;
 - Health and Safety in Employment Act 1992;
 - Human Rights Act 1993;
 - Privacy Act 1993.
- 2 New Zealand Standards relevant to this unit standard:
 - NZS 8134.0:2008 *Health and disability services (general) Standard*;
 - NZS 8134.1:2008 *Health and disability services (core) Standards*;
 - NZS 8158:2003 *Home and community support sector Standard*; available at <https://www.standards.co.nz/>
- 3 Definitions:
 - *Changes in a person's health or functional status* – refers to emotional and/or psycho-social and/or cognitive and/or physical (including sensory) and/or psychological and/or environmental change.
 - *Health or wellbeing setting* includes but is not limited to – the aged care, acute care, community support, disability, mental health, and social services sectors.
 - *Health and functional status* – the physical, psychological, cognitive, and social ability required to carry on normal activities of life.
 - *Organisational policies and procedures* – policies, procedures, and methodologies of an organisation. They include legislative and regulatory

requirements which may apply across an organisation, a specific site, or a workplace. Requirements are documented in the organisation's health and safety plans, contract work programmes, quality assurance programmes, policies, and procedural documents.

- *Person* – a person accessing services. Other terms used for the person may include client, consumer, customer, patient, individual, resident, service user, turoro, or tangata whai ora.
- *Personal plan* – a generic term that covers the individual or group plans (which may also be referred to by other names) that are developed with a person receiving support (and may include their family/whānau as appropriate).
- *Support* should aim to maintain, improve, or restore a person's independence and/or interdependence by utilising the person's existing strengths and appropriate resources; but may include providing assistance to enable a person's health and wellbeing needs to be met.

4 Evidence for the practical components of this unit standard must be gathered in the workplace.

Outcomes and evidence requirements

Outcome 1

Observe and describe changes in a person's health or functional status and identify potential effects on the delivery of a personal plan in a health or wellbeing setting.

Evidence requirements

- 1.1 The importance of reporting changes is described in terms of how it enables a person's health and wellbeing needs to be met.
- 1.2 Changes in a person are observed and described in terms of how their health and functional status has improved or deteriorated.
- Range evidence is required of two changes in a person's health or functional status.
- 1.3 Potential effects of the observed changes on delivery of the person's personal plan are identified.
- Range effects may include – physical, emotional, psychosocial, cognitive, environmental, psychological; evidence is required for a minimum of two effects.

Outcome 2

Respond to changes in a person's health or functional status in a health or wellbeing setting.

Evidence requirements

2.1 Changes in a person's health or functional status are responded to in accordance with organisational policies and procedures, and the rights of the person being supported.

Range rights may include but are not limited – privacy, dignity, autonomy.

Planned review date	31 December 2025
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	17 June 2011	31 December 2017
Review	2	16 April 2015	31 December 2021
Review	3	21 January 2016	31 December 2021
Review	4	MM 2020	

Consent and Moderation Requirements (CMR) reference	0024
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This CMR can be accessed at <https://www.nzqa.govt.nz/framework/search/index.do>

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.