

Title	Demonstrate knowledge of advocacy and self-advocacy in a health or wellbeing setting		
Level	3	Credits	4

Purpose	People credited with this unit standard are able to: <ul style="list-style-type: none"> • Describe advocacy and self-advocacy; • Demonstrate behaviours that support advocacy and/or self-advocacy for a person being supported.
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Classification	Health, Disability, and Aged Support > Community Support Services
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Available grade	Achieved
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Guidance Information

- 1 Legislation and Code relevant to this unit standard include but are not limited to:
 - Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996 (the Code of Rights);
 - Health and Disability Services (Safety) Act 2001;
 - Health and Safety at Work Act 2015;
 - Human Rights Act 1993;
 - Privacy Act 1993.
- 2 New Zealand Standards relevant to this unit standard:
 - NZS 8134.0:2008 *Health and disability services (general) Standard*;
 - NZS 8134.1:2008 *Health and disability services (core) Standards*;
 - NZS 8134.3:2008 *Health and disability services (infection prevention and control) Standards*;
 - NZS 8158:2012 *Home and community support sector Standard*; available at <https://www.standards.co.nz/>
- 3 Definitions:
 - *Health or wellbeing setting* includes but is not limited to: the aged care, acute care community support, disability, mental health, and social services sectors.
 - *Organisational policies and procedures* – policies, procedures and methodologies of an organisation. They include legislative and regulatory requirements which may apply across an organisation, a specific site, or a workplace. Requirements are documented in organisational health and safety plans, contract work programmes, quality assurance programmes, policies and procedural documents.
 - *Person* – a person accessing services. Other terms used for 'person' may include client, consumer, customer, patient, individual, resident, tūroro or tangata whai ora.

- *Support* should aim to maintain, improve, or restore a person's independence by utilising existing strengths and appropriate resources; but may include providing assistance to enable a person's health and wellbeing needs to be met.
 - *Benefits* may include but are not limited to: empowerment, respect for the person's choices and decision-making, individualised care.
 - *Behaviours that support advocacy and/or self-advocacy* may include but are not limited to: listening, problem solving, responsiveness, assertion, challenging stigma and discrimination, negotiation, networking, accessing and assessing information and resources, conflict resolution, identifying and assessing risk.
- 4 Demonstration of knowledge and skills must be in accordance with relevant organisational policies and procedures.
- 5 Evidence for the practical components of this unit standard must be gathered in the health and wellbeing workplace.

Outcomes and performance criteria

Outcome 1

Describe advocacy and self-advocacy.

Performance criteria

- 1.1 Advocacy is described.
- 1.2 The significance of self-advocacy is described.
- 1.3 The benefits of advocacy and self-advocacy for the person being supported are described.

Range two benefits for each.

Outcome 2

Demonstrate behaviours that support advocacy and/or self-advocacy for a person being supported.

Performance criteria

- 2.1 Behaviours that support advocacy and/or self-advocacy are demonstrated for the person being supported.
- Range evidence is required of the application of three behaviours to one advocacy and/or self-advocacy situation.
- 2.2 Advocacy and/or support for self-advocacy process contributes to empowerment and meeting the choices and/or decisions of the person being supported.
- 2.3 Advocacy and/or support for self-advocacy ensures respect for the person being supported.

Planned review date	31 December 2025
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	25 October 2007	31 December 2017
Revision	2	21 January 2011	31 December 2017
Review	3	16 April 2015	31 December 2022
Rollover and Revision	4	26 September 2019	31 December 2022
Review	5	MM 2020	

Consent and Moderation Requirements (CMR) reference	0024
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This CMR can be accessed at <https://www.nzqa.govt.nz/framework/search/index.do>

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.