

Title	Describe and support a person's holistic needs and their impact on a person's health and wellbeing		
Level	3	Credits	5

Purpose	<p>People credited with this unit standard are able to:</p> <ul style="list-style-type: none"> • Describe the holistic needs of a person being supported; • Describe the relationship of holistic needs to a person's health and wellbeing and the potential impacts of their met and unmet needs; • Describe roles involved in supporting a person to meet their holistic needs.
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Classification	Health, Disability, and Aged Support > Health and Disability Principles in Practice
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Available grade	Achieved
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Guidance Information

- 1 Legislation and Code relevant to this unit standard include but are not limited to:
 - Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996 (the Code of Rights);
 - Health and Disability Services (Safety) Act 2001;
 - Health and Safety at Work Act 2015;
 - Human Rights Act 1993;
 - Privacy Act 1993.
- 2 New Zealand Standards relevant to this unit standard:
 - NZS 8134.0:2008 *Health and disability services (general) Standard*;
 - NZS 8134.1:2008 *Health and disability services (core) Standards*;
 - NZS 8158:2012 *Home and community support sector Standard*, available at <https://www.standards.co.nz/>
- 3 Definitions:
 - *Natural supports*: any assistance, relationships, or interactions provided to people being supported by family/whānau, friends, peers, co-workers, or community volunteers. In a specifically Māori context, natural supports may include but are not limited to: kaumātua, kuia, tohunga, whānau, iwi, and hapū.
 - *Organisational policies and procedures*: policies, procedures, and methodologies of an organisation. They include legislative and regulatory requirements which may apply across an organisation, a specific site, or a workplace. Requirements are documented in organisational health and safety plans, contract work programmes, quality assurance programmes, policies, and procedural documents.

- *Person*: a person accessing services. Other terms used for 'person' may include client, consumer, customer, patient, individual, resident, tūroro, or tangata whai ora.
 - *Support* should aim to maintain, improve, or restore a person's independence by utilising existing strengths and appropriate resources; but may include providing assistance to enable a person's health and wellbeing needs to be met.
 - *Holistic needs of a person* may include but are not limited to: physical, emotional, social, cultural, spiritual, mental, socio-economic, creative, occupational.
 - *Others* may include but are not limited to: natural supports, health professionals, support services, support roles, community and social groups.
- 4 Demonstration of knowledge and skills must be in accordance with relevant organisational policies and procedures.
- 5 Evidence for the practical components of this unit standard must be gathered in a health and wellbeing workplace.

Outcomes and performance criteria

Outcome 1

Describe the holistic needs of a person being supported.

Performance criteria

1.1 The holistic needs of a person being supported are described.

Range evidence is required of four needs.

Outcome 2

Describe the relationship of holistic needs to a person's health and wellbeing and the potential impacts of their met and unmet needs.

Performance criteria

2.1 The relationship of holistic needs to a person's health and wellbeing is described.

2.2 The potential impacts of met needs are described.

2.3 The potential impacts of unmet needs are described.

Outcome 3

Describe roles involved in supporting a person to meet their holistic needs.

Performance criteria

3.1 Own role in supporting a person to meet their needs is described.

3.2 Roles of two others in supporting a person to meet their needs are described.

Range evidence is required of one need per role. Each need must be a different holistic need.

Outcome 4

Support two holistic needs of a person being supported.

Performance criteria

4.1 Support is provided for two needs of a person.

Planned review date	31 December 2025
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	16 April 2015	31 December 2022
Rollover and Revision	2	24 October 2019	31 December 2022
Review	3	MM 2020	

Consent and Moderation Requirements (CMR) reference	0024
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This CMR can be accessed at <https://www.nzqa.govt.nz/framework/search/index.do>

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.