

<b>Title</b>	<b>Describe <u>and support</u> a person's holistic needs and their impact on a person's health and wellbeing</b>		
<b>Level</b>	<b>3</b>	<b>Credits</b>	<b>5</b>

<b>Purpose</b>	<p><del>This unit standard is for people providing services in a health or wellbeing setting.</del></p> <p>People credited with this unit standard are able to:</p> <ul style="list-style-type: none"> <li><del>Describe the</del><u>describe the</u> holistic needs of a person being supported; <del>in a health or wellbeing setting;</del></li> <li><u>Describe the relationship of holistic needs to a person's health and wellbeing and the potential impacts of their met and unmet needs; the impact of met and unmet needs on a person's health and wellbeing</u></li> <li><u>Describe roles involved in supporting a person to meet their holistic needs; and the range of roles involved in supporting a person to meet their needs in a health or wellbeing setting.</u></li> </ul>
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<b>Classification</b>	Health, Disability, and Aged Support > Health and Disability Principles in Practice
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<b>Available grade</b>	Achieved
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### Guidance Information

- 1 Legislation and ~~Ceodes~~ Codes relevant to this unit standard include but are not limited to:
- ~~–~~Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996 (the Code of Rights);
  - Health and Disability Services (Safety) Act 2001;
  - Health and Safety at Work Act 2015;
  - Human Rights Act 1993;
  - Privacy Act 1993.

~~The above legislation is available at.~~

- 2 New Zealand Standards relevant to this unit standard ~~include but are not limited to:~~
- NZS 8134.0:2008 ~~Health and disability services Standards—Health and disability services (general) Standard;~~
  - NZS 8134.1:2008 ~~Health and disability services Standards—Health and disability services (core) Standards;~~
  - NZS 8158:2012 *Home and community support sector Standard*, available at <https://www.standards.co.nz/>

~~3—In the context of this unit standard, support should aim to maintain, improve, or restore a person's independence and/or interdependence by utilising the person's~~

~~existing strengths and appropriate resources; but may include providing assistance to enable a person's health and wellbeing needs to be met.~~

### 3 Definitions:

- *Natural supports*: any assistance, relationships, or interactions provided to people being supported by family/whānau, friends, peers, co-workers, or community volunteers. ~~–~~In a specifically Māori context, natural supports may include but are not limited to: kaumātua, kuia, tohunga, whānau, iwi, and hapū.
- *Organisational policies and procedures*: policies, procedures, and methodologies of an organisation. ~~–~~They include legislative and regulatory requirements which may apply across ~~a company~~ an organisation, a specific site, or a workplace. Requirements are documented in ~~the company's~~ organisational health and safety plans, contract work programmes, quality assurance programmes, policies, and procedural documents.
- *Person*: a person accessing services. ~~–~~Other terms used for ~~'the person'~~ may include client, consumer, customer, patient, individual, resident, ~~service user~~, tūroro, or tangata whai ora.
- Support should aim to maintain, improve, or restore a person's independence and/or interdependence by utilising the person's existing strengths and appropriate resources; but may include providing assistance to enable a person's health and wellbeing needs to be met.
- Holistic needs of a person may include but are not limited to: physical, emotional, social, cultural, spiritual, mental, socio-economic, creative, occupational.
- Others may include but are not limited to: natural supports, health professionals, support services, support roles, community and social groups.

4 Demonstration of knowledge and skills must be in accordance with relevant organisational policies and procedures.

5 Evidence for the practical components of this unit standard must be gathered in a health and wellbeing workplace.

## Outcomes and performance criteria

### Outcome 1

~~Describe the~~ the holistic needs of a person being supported ~~in a health or wellbeing setting.~~

### Performance criteria

1.1 The holistic needs of a person being supported are described.

Range evidence is required of four needs.

~~1.1 Needs of a person are described in terms of their relationship to the person's health and wellbeing.~~

~~Range needs may include but are not limited to physical, emotional, social, cultural, spiritual, mental, socio-economic, creative, occupational; evidence is required of four needs.~~

**Outcome 2**

~~Describe~~

~~Describe the relationship of holistic needs to a person's health and wellbeing and the potential impacts of their met and unmet needs on a person's health and wellbeing.~~

**Performance criteria**

- ~~2.1 The relationship of holistic needs to a person's health and wellbeing is described.~~
- ~~2.12 The Potential impacts of met needs are described in terms of effects on a person's health and wellbeing.~~
- ~~2.23 Potential The potential impacts of unmet needs are described in terms of effects on a person's health and wellbeing.~~

**Outcome 3**

~~Describe the range of roles involved in supporting a person to meet their holistic needs in a health or wellbeing setting.~~

**Performance criteria**

- ~~3.11 Own role in supporting a person to meet their needs is described in terms of the impact(s) on the person's health and wellbeing.~~
- ~~3.2 Roles of two others in supporting a person to meet their ~~their~~ needs are described described in terms of the impact(s) on the person's health and wellbeing.~~

~~Range evidence is required of one need per role. Each need must be a different holistic need.~~

**Outcome 4**

Support two holistic needs of a person being supported.

**Performance criteria**

- ~~4.1 Support is provided for two needs of a person.~~
- ~~Range others may include but are not limited to natural supports, health professionals, support services, support roles, community and social groups;~~
- ~~evidence is required for the roles of two others each supporting a person to meet a separate need.~~

<b>Planned review date</b>	31 December 202 <u>5</u> 4
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#### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	16 April 2015	<del>N/A</del> <u>31 December 2022</u>
Rollover and Revision	2	24 October 2019	<u>31 December 2022</u> <del>N/A</del>
<u>Review</u>	<u>3</u>	<u>MM 2020</u>	

<b>Consent and Moderation Requirements (CMR) reference</b>	0024
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This CMR can be accessed at <https://www.nzqa.govt.nz/framework/search/index.do>.

#### Comments on this unit standard

Please contact Careerforce [info@careerforce.org.nz](mailto:info@careerforce.org.nz) if you wish to suggest changes to the content of this unit standard.