

Title	Describe and apply a person-centred approach in a health or wellbeing setting		
Level	3	Credits	3

Purpose	People credited with this unit standard are able to: <ul style="list-style-type: none"> • Describe elements of a person-centred approach • Describe the application of a person-centred approach • Apply a person-centred approach when supporting a person.
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Classification	Health, Disability, and Aged Support > Health and Disability Principles in Practice
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Available grade	Achieved
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Guidance Information

- 1 Legislation and Code relevant to this unit standard include but are not limited to:
 - Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996 (the Code of Rights);
 - Health and Disability Services (Safety) Act 2001;
 - Health and Safety at Work Act 2015;
 - Human Rights Act 1993;
 - Privacy Act 1993.
- 2 New Zealand Standards relevant to this unit standard:
 - NZS 8134.0:2008 *Health and disability services (general) Standard*;
 - NZS 8134.1:2008 *Health and disability services (core) Standards*;
 - NZS 8158:2012 *Home and community support sector Standard*; available at <https://www.standards.co.nz/>
- 3 Definitions:
 - *Active participation* – a person is an active partner in their own care or support, rather than a passive recipient.
 - *Health or wellbeing setting* includes but is not limited to: the aged care, acute care, community support, disability, mental health, and social services sectors.
 - *Organisational policies and procedures* – policies, procedures, and methodologies of an organisation. They include legislative and regulatory requirements which may apply across an organisation, a specific site, or a workplace. Requirements are documented in organisational health and safety plans, contract work programmes, quality assurance programmes, policies, and procedural documents.
 - *Person* – a person accessing services. Other terms used for the person may include client, consumer, customer, patient, individual, resident, service user, tūroro, or tangata whai ora.

- *Person-centred approach* – an approach which places the person being supported at the centre by encouraging active participation and choice, and viewing them as an individual with unique qualities, abilities, interests, preferences and needs.
 - *Support* should aim to maintain, improve, or restore a person's independence by utilising existing strengths and appropriate resources; but may include providing assistance to enable a person's health and wellbeing needs to be met.
 - *Person-centred values* may include but are not limited to: individuality, rights, choice, privacy, independence, dignity, respect, partnership, consent.
- 4 Demonstration of knowledge and skills must be in accordance with relevant organisational policies and procedures.
- 5 Evidence for the practical components of this unit standard must be gathered in a health and wellbeing workplace.

Outcomes and performance criteria

Outcome 1

Describe elements of a person-centred approach.

Performance criteria

- 1.1 Person-centred values and their importance to a person-centred approach are described.
- Range evidence is required for five person-centred values.
- 1.2 The intended benefits of a person-centred approach for the person being supported are described.

Outcome 2

Describe the application of a person-centred approach.

Performance criteria

- 2.1 Process for identifying a person's history, preferences, wishes and needs is described.
- 2.2 The support worker's roles and responsibilities in applying a person-centred approach is described.

Outcome 3

Apply a person-centred approach when supporting a person.

Performance criteria

- 3.1 Person-centred values are applied when providing support or services.

Range must include but is not limited to: individuality, rights, choice, privacy, independence, dignity, respect, partnership, consent.

Planned review date	31 December 2025
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	16 April 2015	31 December 2022
Rollover and Revision	2	24 October 2019	31 December 2022
Review	3	MM 2020	

Consent and Moderation Requirements (CMR) reference	0024
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This CMR can be accessed at <https://www.nzqa.govt.nz/framework/search/index.do>

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.