

<b>Title</b>	<b>Apply a palliative care approach in a health or wellbeing setting</b>		
<b>Level</b>	<b>4</b>	<b>Credits</b>	<b>8</b>

<b>Purpose</b>	<p><u>This unit standard is targeted at people with significant experience of providing services in a health or wellbeing setting.</u></p> <p>People credited with this unit standard are able to: demonstrate knowledge of ethical issues that may arise when providing support using a palliative care approach; <u>provide support to a person with a life-limiting or life-threatening condition and their family and whānau using a palliative care approach within an inter-disciplinary team, and provide support to a person and their family and whānau during the last days of life; support a person with a life-limiting or life-threatening condition and their family/whānau using a palliative care approach; and support a person and their family/whānau during the last days of life.</u></p>
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<b>Classification</b>	Health, Disability, and Aged Support > Health and Disability Principles in Practice
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<b>Available grade</b>	Achieved
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### Guidance Information

1 Recommended for entry: Unit 28738, Describe the key principles of palliative care and a support worker's role in a palliative approach to care.

2 Legislation and Code relevant to this unit standard include but are not limited to:

- Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996 (the Code of Rights);
- Health and Disability Services (Safety) Act 2001;
- Health Practitioners Competence Assurance Act 2003;
- Health and Safety at Work Act 2015;
- Human Rights Act 1993;
- Medicines Act 1981;
- Privacy Act 1993.
- all available at <http://www.legislation.govt.nz/>

2 New Zealand Standards relevant to this unit standard include:

- NZS 8134.0:2008 Health and disability services (general) Standard;
- NZS 8134.1:2008 Health and disability services (core) Standards;
- NZS 8158:2012 Home and Community Support Sector Standard, available at <https://www.standards.co.nz/>

~~4 Recommended for entry: Unit 28738, Describe the key principles of palliative care and a support worker's role in a palliative approach to care.~~

### 3 References:

- ~~Hospice New Zealand. (2012). *Fundamentals of Palliative Care*. Retrieved on September 4, 2020, from <https://www.hospice.org.nz/education-training/training-modules/>~~
- ~~Ministry of Health. (2015). *New Zealand Palliative Care Glossary*. Retrieved from <https://www.health.govt.nz/system/files/documents/publications/new-zealand-palliative-care-glossary-dec15.pdf>~~
- ~~Ministry of Health. (2017). *Te Ara Whakapiri: Toolkit*. Retrieved from <https://www.hospice.org.nz/wp-content/uploads/2019/03/te-ara-whakapiri-toolkit-formatted-23-mar-1.pdf>~~
- ~~Palliative Care Council of New Zealand. (2010). *Positioning Palliative Care in New Zealand: A review of Government Health Policy in relation to the provision of Palliative Care Services in New Zealand*. Retrieved from [https://www.moh.govt.nz/notebook/nbbooks.nsf/0/93B5F5A00B27504CCC257E9600149023/\\$file/Positioning%20Palliative%20Care%20in%20NZ%20-%20%20Feb%202010.pdf](https://www.moh.govt.nz/notebook/nbbooks.nsf/0/93B5F5A00B27504CCC257E9600149023/$file/Positioning%20Palliative%20Care%20in%20NZ%20-%20%20Feb%202010.pdf)~~

• ~~Fundamentals of Palliative Care (Hospice New Zealand)~~

~~2 Assessment against this unit standard must be in accordance with current and relevant ethical, legislative and/or contractual requirements which the setting or role is subject to, including any relevant organisational policy and procedures.~~

### 43 Definitions:

- ~~*Health or wellbeing setting* includes but is not limited to: the aged care, acute care, community support, disability, mental health, rehabilitation, social services and youth development sectors. *Health or wellbeing setting* includes but is not limited to—the aged care, acute care, community support, disability, mental health, and social services sectors.~~
- ~~*Last days of life* is the period when a person is dying. It is 'the period of time when death is imminent and may be measured in hours or days' (Palliative Care Council New Zealand Palliative Care Glossary 2015).~~
- ~~*Inter-disciplinary team* refers to a grouping of healthcare professionals with different skillsets who can provide holistic care for a person.~~
- ~~–*Life-limiting condition* is a condition for which there is no reasonable hope of cure and from which the person is expected to die. Some of these conditions cause progressive deterioration rendering the person increasingly dependent on family and carers.~~
- ~~–*Life-threatening condition* is usually of short duration with an acute or unexpected onset. Curative treatment may be feasible but can fail. It may or may not occur in the context of a pre-existing life-limiting condition.~~
- ~~–*Organisational policies and procedures*: policies, procedures, and methodologies of an organisation. They include legislative and regulatory requirements which may apply across an organisation, a specific site, or a workplace. Requirements are documented in organisational health and safety plans, contract work programmes, quality assurance programmes, policies, and procedural documents such as job descriptors and employment contracts. Organisational policy and procedures are the policies and procedures of the employing organisation of the employee and include ethical codes,~~

~~standards, and requirements of this organisation and any other organisation(s) involved.~~

- ~~–Palliative care~~ is care for people of all ages with a life-limiting or life-threatening condition (whether death is days, weeks, months or occasionally even years away) which aims to optimise an individual's quality of life until death by addressing the person's physical, psychosocial, spiritual and cultural needs; and supporting the individual's family/whānau and other caregivers where needed, through the illness and ~~following~~ death.
- ~~The palliative care approach~~ incorporates ~~a holistic,~~ positive and open attitudes toward death and dying by ~~all~~ service providers working with the person and their family, and ~~whānau, and~~ respects the wishes of the person in relation to their treatment and care.
- ~~Advance Care Plan refers to end of life care, and may include funeral plans, power of attorney, advanced directive.~~
- ~~Total suffering~~ indicates that there are many factors which contribute to the experience of pain and other physical symptoms and each person must be treated with the knowledge that physical symptoms cannot be treated in isolation.

~~4—Additional definitions relevant to the palliative approach to care can be found in the New Zealand Palliative Care Glossary provided by the Ministry of Health <http://www.health.govt.nz/publication/new-zealand-palliative-care-glossary>.~~

#### ~~5—Resources~~

~~—Te Ara Whakapiri: Principles and Guidance for the Last Days of Life, and the accompanying Te Ara Whakapiri: Toolkit, available at <http://www.hospice.org.nz/resources/te-ara-whakapiri>.~~

~~46 Evidence for the practical components of this unit standard must be gathered in the workplace.~~

~~5 People awarded credit for this unit standard must provide support under the guidance and delegation of a senior health professional in accordance with own role and responsibilities, and organisational policies and procedures.~~

## Outcomes and performance criteria

### Outcome 1

Demonstrate knowledge of ethical issues that may arise when providing support using a palliative care approach.

### Performance criteria

1.1 Ethical issues that may arise when ~~providing supporting to~~ a person are ~~identified and outlined described in terms of how they are resolved in a palliative care approach.~~

Range issues may include but are not limited to:— artificial nutrition and hydration, palliative sedation, limitation of treatments, do not

resuscitate or allow natural death, informed consent, advanced care planning, advance directives; evidence is required of two ethical issues.

## Outcome 2

Provide sSupport to a person with a life-limiting or life-threatening condition and their family and /whānau using a palliative care approach within an inter-disciplinary team.

### Performance criteria

- 2.1 Advocacy or support for self-advocacy is provided for the person and their ~~family~~family and /whānau.
- 2.2 Support ~~is provided to assist~~s health professional(s) with assessing and managing the person's pain and symptoms.
- 2.3 Support ~~provided~~ to the person and their family and /whānau reflects the concept of total suffering.
- 2.4 Support is based on a partnership with the person and their family and /whānau that considers the person's cultural and spiritual needs and maintains respect for the person's dignity.
- 2.5 Support ~~provided~~ assists the person and their family and /whānau to deal with feelings of loss and grief that arise in a palliative care situation.
- 2.6 Self-care to preserve own emotional and physical health when using a palliative care approach is implemented.

## Outcome 3

Provide sSupport to a person and their family and /whānau during the last days of life.

### Performance criteria

- 3.1 Support ~~provided~~ applies the principles of caring for a person in the last days of life.
- 3.2 Support ~~provided~~ assists the person and their family and /whānau to deal with feelings of loss and grief that arise in the last days of life.
- 3.3 Support is based on a partnership with the person and their family and /whānau that considers the person's cultural and spiritual needs and maintains respect for the person's dignity.
- 3.4 Self-care to preserve own emotional and physical health when supporting a person during the last days of life is implemented.
- 3.5 Support is recorded and reported in accordance with organisational policies and procedures.

<b>Planned review date</b>	31 December 202 <u>5</u> <del>4</del>
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#### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	19 May 2016	<del>N/A</del> <u>31 December 2022</u>
Review	2	23 November 2017	<u>31 December 2022</u> <del>N/A</del>
Rollover and Revision	3	24 October 2019	<u>31 December 2022</u> <del>N/A</del>
<u>Review</u>	<u>4</u>	<u>MM 2020</u>	

<b>Consent and Moderation Requirements (CMR) reference</b>	0024
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This CMR can be accessed at <https://www.nzqa.govt.nz/framework/search/index.do>

#### Comments on this unit standard

Please contact Careerforce [info@careerforce.org.nz](mailto:info@careerforce.org.nz) if you wish to suggest changes to the content of this unit standard.