

Title	Describe the value of relationships in people's lives in a health or wellbeing setting		
Level	3	Credits	3

Purpose	People credited with this unit standard are able to: <ul style="list-style-type: none"> • Describe the value of relationships in a person's life • Describe how to support intimate and healthy sexual relationships for a person being supported.
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Classification	Health, Disability, and Aged Support > Health and Disability Principles in Practice
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Available grade	Achieved
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Guidance Information

- Legislation and Code relevant to this unit standard include but are not limited to:
 - Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996 (the Code of Rights);
 - Health and Disability Services (Safety) Act 2001;
 - Health and Safety at Work Act 2015;
 - Human Rights Act 1993;
 - Privacy Act 1993;
 - all available at <http://www.legislation.govt.nz/>.
- New Zealand Standards relevant to this unit standard:
 - NZS 8134.0:2008 *Health and disability services (general) Standard*;
 - NZS 8134.1:2008 *Health and disability services (core) Standards*;
 - NZS 8134.3:2008 *Health and disability services (infection prevention and control) Standards*;
 - NZS 8158:2012 *Home and community support sector Standard*, available at <https://www.standards.co.nz/>.
- Definitions:
 - *Health or wellbeing setting* includes but is not limited to: the aged care, acute care, community support, disability, mental health, rehabilitation, social services and youth development sectors.
 - *Intimate relationships* refer to a close personal connection between two people, which may or may not be of a romantic or sexual nature.
 - *Person*: a person accessing services. Other terms used for 'person' may include client, consumer, customer, patient, individual, resident, tūroro or tangata whai ora.
 - *Relationships* may refer to but not limited to: intimate, friendships, family, whānau, community and culturally-based.

- *Rights for healthy intimate relationships* may be aligned to the Code of Rights.
 - *Support services* may include but are not limited to: family planning, Youthline, general practitioner, medical specialists, counsellors, sexual health services, Gay Line, local agencies, school support.
 - *Support* should aim to maintain, improve, or restore a person's independence by utilising existing strengths and appropriate resources; but may include providing assistance to enable a person's health and wellbeing needs to be met.
- 4 Demonstration of knowledge and skills must be in accordance with relevant organisational policies and procedures and boundaries of the support worker's role.
- 5 Evidence for the theory components of this unit standard must be gathered in a health and wellbeing setting.

Outcomes and performance criteria

Outcome 1

Describe the value of relationships in a person's life.

Performance criteria

- 1.1 Relationships are described in terms of where and how they are formed.
- 1.2 The role of relationships in fulfilling a person's needs is described.

Outcome 2

Describe how to support healthy intimate and sexual relationships for a person being supported.

Performance criteria

- 2.1 A person's rights for healthy intimate relationships are described.
- 2.2 Two barriers to intimate relationships are described.
- 2.3 Support worker's role in supporting intimate relationships is described.
- 2.4 Support services to promote healthy sexual relationships are described.

Range evidence is required of three available and accessible support services, services offered.

Planned review date	31 December 2025
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	21 March 2005	31 December 2017
Review	2	21 March 1995	31 December 2017
Revision	3	28 August 1996	31 December 2017
Review	4	24 November 1999	31 December 2017
Review	5	20 March 2008	31 December 2017
Review	6	16 April 2015	31 December 2021
Rollover and Revision	7	24 October 2019	31 December 2022
Review	8	MM 2020	

Consent and Moderation Requirements (CMR) reference	0024
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This CMR can be accessed at <https://www.nzqa.govt.nz/framework/search/index.do>

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.