

# New Zealand Diploma in Health and Wellbeing (Level 5)



120 credits

Expected duration:  
**20 months**

Work-based learning supported by **online learning resources** and **assessments**

Applied Practice in the context of  
**Positive Behaviour Support**

**Ideal for:**

Staff whose role involves supporting people and their whānau in creating and implementing positive behaviour support plans

## Programme overview

**This programme leads to the New Zealand Diploma in Health and Wellbeing (Level 5) qualification.**

This is an Applied Practice Diploma which means you need to complete 200 hours of practical work. This qualification has been endorsed by the New Zealand Disability Support Network (NZDSN), the All-of-Government Disability Employment Action Plan.

It is designed for people who are involved in supporting people and their whānau in the Disability sector to create and implement positive behaviour support plans.

The programme is centred on developing the competencies needed to facilitate an increased quality of life; increased choice and control; and inclusion and participation in social roles.

## Learning outcomes:

- Understanding relevant developments in New Zealand and the importance of evidence-based practice.
- Being client focused, working independently and continuously improving.
- Working with diverse cultures and backgrounds.
- Working alongside tangata whenua.
- Technical skills, knowledge, attributes and statutory responsibilities required for the role.

## How the learning is delivered and assessed

Online learning and assessment is completed through Aka Toi, Careerforce's online learning platform which includes interactive learning activities, theory content and assessment.

## Grants and funding available

Several grants and funding options are available to help meet the costs of attaining Careerforce qualifications. You can view these options at [careerforce.org.nz/fees-funding](https://careerforce.org.nz/fees-funding)

## How to get started

Workplace enrolment is done in cohorts throughout the year, but first:

- Interested organisations with staff working in this area may get in touch with Lucille Old at [lucille.old@careerforce.org.nz](mailto:lucille.old@careerforce.org.nz)

An expression of interest form must be completed which can be found on our web page. Scan the QR code for details.

## Programme structure:

### It's about Aotearoa

This module supports Positive Behaviour Support (PBS) practitioners to become aware of what the issues and barriers are for the people, their family and whānau in Aotearoa New Zealand in the 2020's and what initiatives are in place to attend to these.

### Supporting cultural diversity

This module involves developing the skills and strategies to work with people from diverse cultures and backgrounds and to apply them in a PBS situation. It is essential that people, their family and whānau feel safe no matter their background. An ethics component ensures that practitioners manage their own professional safety, maintain professional boundaries and can manage ethical dilemmas.

### Meeting needs: Joining up knowledge, skills and theory

This module explores theories, models or approaches that inform the PBS practitioner's practice. It will focus on the techniques and proven methods and attributes required to achieve good outcomes.

### Critical thinking to improve practice

Positive Behaviour Support practitioners will benefit from developing skills in problem-solving and independent decision-making in complex situations. The assessment asks for three situations where you have reflected on and adapted your practice to meet different situations.

### Working within Te Ao Māori

This module is about supporting tangata whenua to achieve their aspirations. It involves identifying concepts, theories and models informed by a Māori worldview and applying them when engaging with tangata whenua.

### Support practices –practicum

Trainees evidence the competencies for Positive Behaviour Support practice. This includes submission of a portfolio of evidence including the development and implementation of a positive behaviour support plan, workplace observations, and a triangulated discussion with the learner, their manager and the assessor. You are required to complete at least 200 hours of applying what you have learnt in your workplace.



**Scan the QR code to find out more: See the fees, entry criteria and other information about this programme on our website.**

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