

Free mental health support for Careerforce learners



Do you have a Careerforce learner who is going through a tough time and may need support? Are you a Careerforce enrolled learner wanting support?

We're committed to promoting a healthy learning environment where Careerforce enrolled learners can talk to someone confidentially about their mental health when they need to.

Careerforce is extending support to those enrolled in a Careerforce programme* through a short-term pilot programme. Our Mental Health Advisors are available to provide assistance to individuals on their learning journey.

Our objective is to foster a positive and supportive learning environment where all Careerforce programme participants feel comfortable seeking confidential support for their mental health and wellbeing.

Support is available via phone, text, email, Microsoft Teams, or in-person depending on location.

*This pilot excludes Gateway learners

Take the first step.

Simply complete the referral form on our website.



Via this page: www.careerforce.org.nz/MHSupport or the QR code here.